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Bamboo Spa Café Spices Up Spa Cuisine at *Red Door Lifestyle Spa, Elizabeth Arden*

*Hyatt Regency Bonaventure Culinary Team Introduces Dining Choices
That Are Equally Healthy and Hearty*

WESTON, Fla. – October 2007 – While spa cuisine often conjures images of a strawberry perched alone atop a single piece of lettuce, the Hyatt Regency Bonaventure culinary team has developed a refreshing new menu for guests seeking delicious dining without regret. This healthy menu is now available at the hotel's Bamboo Spa Café located inside the *Red Door Lifestyle Spa, Elizabeth Arden*.

According to Hyatt Regency Bonaventure Executive Chef Bob Axenfeld, nutritional benefits, portion size and presentation were all taken into careful consideration when developing the innovative dishes. "We've combined bold flavors, bright colors and the freshest of ingredients to design dishes that are light yet satisfying," said Axenfeld.

Lunch entrees and sandwiches making their debut include a Cinnamon Scented Chicken Wrap with quinoa and rice vinegar vinaigrette, Whole Wheat Penne with Romano beans, zucchini, eggplant and goat cheese, and Shrimp Salad on Pita with fresh lime and red pepper aioli. These meal choices compliment delectable favorites like Vegetarian Summer Rolls, a Wheat Berry Tabbouleh Wrap and the Protein Booster Peanut Butter and Jelly sandwich with homemade banana ginger jam that have been served since the spa's grand opening in February. The café also offers a juice bar where guests can customize their own pressed juices and fresh fruit smoothies.

"As a destination spa, our goal is to provide a holistic experience for our guests, and health-conscious meals are crucial to helping them feel and look their best during their stay," said Red Door Lifestyle Spa Director & Destination Specialist Tanya Lee. "It's no secret that eating right is just as important as being physically fit or having good mind/body balance."

Bamboo Spa Café is open daily with breakfast served from 8 to 11 a.m. and lunch from 11 a.m. to 3 p.m.

The Bamboo Spa Café is part of a recently completed \$100 million renovation at the Hyatt Regency Bonaventure, which celebrated its grand opening in February 2007. The 501-room hotel offers four-star accommodations with a state-of-the-art conference center covering 100,000 square feet of meeting space. With spacious guestrooms, multiple dining options, four swimming pools, a nature trail and access to first-rate tennis and golf facilities, the hotel caters to all business and leisure needs. For more information or for reservations, please visit www.bonaventure.hyatt.com or call 1-800-233-1234.

Red Door Lifestyle Spa, Elizabeth Arden provides balance for the inner-self through nurturing spa treatments, health-restoring activities and lifestyle-balancing classes. The spa offers a complete menu of salon and spa services, from signature skincare, massage and body treatments to nail services, hair design, makeup artistry and more. Specialized retreats can be planned to cater to individuals or group travel in all arenas including stress relief, life balancing and total body wellness, among others. The staff consists of specially skilled and educated technicians who provide outstanding, personalized service. Lifestyle and fitness classes provide guests with the most current trends in wellness.

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