

**RED DOOR LIFESTYLE SPA  
ELIZABETH ARDEN**

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| <b>ADDRESS</b>     | Red Door Lifestyle Spa<br>250 Racquet Club Road<br>Weston, FL 33326  |
| <b>HOURS</b>       | 8:00AM - 8:00PM<br>7 days a week, 365 days a year<br>(Special Holiday Hours)   |
| <b>TELEPHONE</b>   | 954.349.5500   |
| <b>WEBSITE</b>     | <a href="http://www.reddoorlifestylespa.com">www.reddoorlifestylespa.com</a><br><a href="http://www.reddoorspas.com">www.reddoorspas.com</a>   |
| <b>OVERVIEW</b>    | Red Door Lifestyle Spa at the Hyatt Regency Bonaventure is the first of its kind from Elizabeth Arden and the home of Weston's first lifestyle destination spa. Opened August 2006, it provides balance for the inner-self through nurturing spa treatments, health-restoring activities and lifestyle -balancing classes. From the moment a guest steps through the signature red doors into the Zen garden, they are immersed in the soothing sound and scents of tranquility.   |
| <b>DESCRIPTION</b> | Red Door Lifestyle Spa offers a complete menu of salon and spa services, from signature skincare, massage and body treatments to nail services, hair design, makeup artistry and more. As a destination spa, it specializes in retreats, which are planned to cater to individuals or group travel in all arenas including stress relief, life balancing workshops, meditation, and total body wellness, among others. The technicians are specially skilled and educated to provide outstanding, personalized service. Lifestyle and fitness classes provide guests with the most current trends in wellness. Revive and renew the spirit, nourish the soul, and pamper the body at Red Door Lifestyle Spa. |
| <b>LOCATION</b>    | The spa is a 48,000 square foot freestanding building located onsite at the Hyatt Regency Bonaventure. Situated in the community of Weston, which is in Western Fort Lauderdale along the southeastern coast of Florida, it is just 15 miles from the Fort Lauderdale International Airport and four miles from the Sawgrass Mills outlet mall, Florida's largest retail and entertainment complex offering more than 350 stores, popular restaurants and multiplex cinemas. Nearby Fort Lauderdale provides a collection of day or nighttime activities and leisure pursuits.   |

## **AMENITIES & SERVICES**

- 30 private treatment rooms
- Full service beauty salon
- State of the art fitness and weight center with Techno Gym equipment and flat-screen televisions on all cardio equipment
- 400 square foot hot yoga room
- Fully equipped Pilates studio
- 2,000 square foot movement studio offering more than 20 classes a week including kickboxing, weight training, cycling, trekking and boot camp
- Steam rooms, saunas, whirlpools
- Private outdoor pool
- Bamboo Spa Café
- Zen garden
- Luxurious spa locker rooms
- Lifestyle fitness group activity classes
- Relaxation rooms
- Lifestyle -balance lectures and workshops

## **HISTORY**

The daughter of a Canadian market gardener, Florence Nightingale Graham came to New York in 1907 to start her beauty business and in 1910 she became Elizabeth Arden. With a \$6,000 investment, she created the proper setting for her salon, an emporium of beauty to attract the high society customer.

Arden's most fundamental belief was that beauty should not be a veneer of makeup, but an intelligent cooperation with nature and science to develop a woman's finest natural assets. She introduced many innovative 'firsts', including both the day spa and destination spa, color choices to cosmetics, and considered exercise a fundamental part of a complete beauty regimen. In 1934, Arden introduced the first destination spa, the Maine Chance.

Another location was opened in Arizona, where Hollywood stars including Marilyn Monroe, Ava Gardner and Carole Lombard flocked for fitness, beauty and well-being, making it a destination for the rich and famous.

In her lifetime, Elizabeth Arden became known as the pioneer of the American beauty industry.

Today, Arden's companies celebrate nearly 100 years of beauty expertise. Red Door Spa Holdings continues her legacy with a contemporary interpretation of her original concept. The company currently owns and operates more than 55 full-service salons, day spas, and destination resorts across the United States and in London.