

Spa Getaway for the Boys at the Red Door Lifestyle Spa, Elizabeth Arden

WESTON, FL – January 2007 – From arduous construction work to the stresses of the boardroom, all men can benefit from a relaxing and therapeutic spa vacation. In the past, trips to the health spa have been dominated by the ladies, but times have changed and men now make up 29 percent of all spa goers, according to the International Spa Association. Designed with men in mind, the new *Red Door Lifestyle Spa*, located at the Hyatt Regency Bonaventure in Weston, Florida, is offering a “Red Door Lifestyle Men’s Club” package.

Priced at \$1,175 per person, the package includes two-night deluxe accommodations at the Hyatt Regency Bonaventure, unlimited access to the *Red Door Lifestyle Spa* facilities, healthy spa cuisine including a breakfast and lunch at the Spa Café, one 60-minute personal training session, and pampering spa treatments including:

- Deep tissue massage
- E-Solutions clarifying facial or E-Solutions clarifying back facial
- Vichy shower
- Sport manicure and pedicure
- Balancing scalp treatment
- Haircut and blow dry

Plus, before and after treatments guests can enjoy use of the state of the art fitness and weight center, relaxation rooms, Zen Garden, steam room, sauna, whirlpool, private outdoor pool and luxurious spa locker room (the men’s locker room is equipped with a flat screen TV so there is no stress about missing a game). The package is valid February 7 - June 1, 2007, does not include taxes and gratuities and cannot be combined with other offers and discounts.

Red Door Lifestyle Spa provides balance for the inner-self through nurturing spa treatments, health-restoring activities and lifestyle-balancing classes. *Red Door Lifestyle Spa* offers a complete menu of salon and spa services, from signature skincare, massage and body treatments to nail services, hair design, makeup artistry and more. Specialized retreats can be planned to cater to individuals or group travel in all arenas including stress relief, life balancing and weight loss, among others. The staff consists of specially skilled and educated technicians who provide outstanding, personalized service. Lifestyle and fitness classes provide guests with the most current trends in wellness. Revive and renew the spirit, nourish the soul, and pamper the body at *Red Door Lifestyle Spa*. Red Door Holdings is a leader in the industry, with nearly 100 years of experience and more than 55 spas and salons already in operation. For additional information or to book services, visit www.reddoorspas.com or call 954-349-5500.